

Habit Health Escalated Care Pathway (ECP)

A fully funded ACC programme for patients with lower back, shoulder and knee injuries.



Be part of your patients' journey to recovery.

By referring your patients into the Habit Health Escalated Care Pathway, you're contributing to a simpler treatment process that accelerates and improves patient recovery. Better still, the programme is fully funded and our 'four-click' referral system from ERMS makes referring quick and easy.

Which patients are right for Escalated Care Pathway?

Patients in the South Island* with lower back, shoulder and knee conditions that aren't improving with normal primary care treatment or who have significant injuries (surgical or non-surgical) are eligible for the programme.

Eligible knee, shoulder or lumbar spine patients will meet any of the following criteria:

- > Significant mechanism of injury
- > Significant injury/signs and symptoms
- > Unresolving symptoms after 6 weeks
- > Off work longer than 2 weeks or at risk of going off work
- > Not improving as expected with conservative treatment
- > Other risk factors, e.g. multiple medications or social factors that require wrap-around support

*Patients on the West Coast are not currently eligible for ECP.

**Southern
Rehab™**

Southern Rehab has
changed its name
to **Habit Health**.

Find out more at
habit.health

What is ECP?

Our aim is simple: to get your patients assessed, on the right pathway and back to independence faster. Whether they need surgical or non-surgical treatment, a team of allied health professionals and specialists will work together to coordinate the best package of care.

We appoint a Health Navigator to every patient. This ensures they move through the programme smoothly and have a single point of contact to coordinate their care.

Being seen by the right people at the right time increases your patients' chances of a successful recovery, saves valuable time and improves clinical outcomes.

When you refer a patient, we will contact them within 24 hours and get their rehabilitation plan moving. A copy of the patient's management plan will be sent back to you so you are informed every step of the way.

Our interdisciplinary team includes:

- > Physiotherapists
- > Surgeons
- > Occupational Therapists
- > Psychologists
- > Dietitians
- > GPs with special interest
- > Other Allied Health services as required
- > Health Navigator

Our ECP services include:

- > Conservative rehabilitation pathway
- > Pre and post-surgical rehabilitation
- > Surgical services
- > Return to work services
- > Allied Health services, e.g. psychology

How do you refer your patients?

It takes you just four clicks using ERMS in your practice management system. We take care of the rest.

1. **Click Rehabilitation**
2. **Click Rehabilitation Referral**
3. **Click Service Provider = ACC**
4. **Click Southern Rehab / Habit Health**

or via: healthlink: habithut (edi)
email: ecp@habit.health

For more information:

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edi habithut